



## MMR Vaccination

### MMR vaccination



**MMR Vaccination** is a **safe way to stop people** getting 3 diseases called **Measles Mumps and Rubella**.

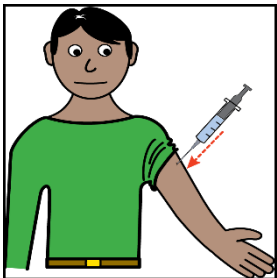
**The Vaccination is FREE.**

### children



Measles, Mumps and Rubella **spread very quickly** and can be **very serious**.

They can cause meningitis (infection of the brain), deafness and problems in pregnancy.



**2 doses** of the vaccination gives the best protection.

It is given by a needle into the muscle of the upper arm or thigh.

### injection



Children should have the **first dose at 1 year old** and the **second dose at 3 year and 4 months**.

If your child has **missed a dose** they can **catch up**.

### injection



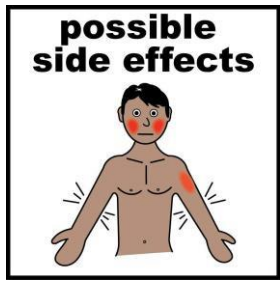
**Adults** and **older children** who have **not been vaccinated** can **catch up**.



The **Vaccination** is **safe**.

The **Vaccination** is **very effective**.

Protection starts just 2 weeks after the vaccination.



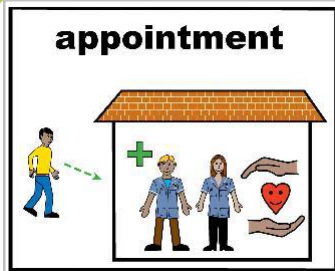
**Side effects** are usually **very mild** and **do not last long**.

Side effects can be crying and needing a cuddle, a sore, red lump where the needle goes in, feeling a bit poorly with a fever a few days later.



Almost everyone **vaccinated** will be **protected against Measles and Rubella**.

Most **vaccinated** people will be **protected against Mumps**. Vaccinated people who do get Mumps do not get very ill.



We will be **coming to your school** in the next 4 weeks and **dates and times will follow**.

Please contact [schoolimmsteam@nhs.net](mailto:schoolimmsteam@nhs.net) and 0113 8433101 if you need more information.



You can also **contact your GP Surgery** to book an **appointment** if you are unable to attend the immunisation clinic at school.

With thanks to the authors of this leaflet at Leeds Learning Disability Health Facilitation Team.